

# Policies and Procedures for Student Health Clearance

## I. Purpose

This Policy outlines requirements and procedures for obtaining student health clearance provided by the Occupational Health Service (OHS) at Albert Einstein College of Medicine (“Einstein”)

## II. Scope

This Policy applies to Einstein MD and MD/PhD students.

## III. Policy

Einstein’s Occupational Health Service provides medical clearance to students who require it to work in clinical settings.

To obtain clearance, students should complete all pre-placement medical forms and email the information to [tina.crane@einsteinmed.org](mailto:tina.crane@einsteinmed.org).

The following is a list of all of the health requirements that you will need to complete to obtain medical clearance from the Occupational Health Service. **Without medical clearance you WILL NOT be able to register for classes.** Please be sure that your healthcare provider has completed the required tests and titers and that you have submitted lab reports and results for the following:

1. IGG antibody titers for measles, mumps, rubella \*Note: Documentation of two (2) doses of MMR vaccine will substitute for the above-mentioned antibody titers. If no proof of previous vaccine is available and antibody titers are either negative or equivocal, proof of current MMR vaccine administration must be included and affected titer(s) must be repeated six to eight weeks post-vaccine administration.
2. Hepatitis B surface antigen and Hepatitis B surface antibody titers, regardless of previous vaccine history. Also, documentation of a three (3) dose series of Hepatitis B vaccine must be included in the documentation. If the Hepatitis B surface antibody titer is negative or equivocal, a booster dose of vaccine is required and a repeat titer must be performed six to eight weeks post-vaccine administration. Student may sign a waiver of declination of vaccine if he or she chooses.
3. Varicella IGG antibody titer must be completed, regardless of vaccine history. If the titer result is negative or equivocal, documentation of a two (2) dose series of Varivax must be included. Student may sign a waiver of declination of Varivax vaccine, if he/she chooses.

4. Documentation of both a Tdap vaccine (within ten years), and meningococcal vaccine.
5. PPD skin test (Tuberculosis test) - documentation of a two-step PPD skin test planted no sooner than one week apart. No test can be dated more than one year prior to the start date of school.

**PLEASE NOTE: IFN-GAMMA RELEASE TEST DOES NOT SUBSTITUTE FOR PPD SKIN TESTING IN THOSE INDIVIDUALS WITH A NEGATIVE PPD HISTORY.**

If you have a previous positive PPD history, forward documentation of the positive test, IFN-gamma release test and a follow-up chest x-ray. The chest x-ray and IFN-gamma release test must be dated within one year prior to the start date at Einstein. If you cannot present history of a previous positive PPD history, you will need to have your healthcare provider document your positive history. **History of receiving BCG vaccine alone does not exempt you from having a PPD skin test done.**

6. Documentation of a physical exam dated less than one year prior to the start date at Einstein.

All six (6) pages of the form must be submitted to the Occupational Health Service to [tina.crane@einsteinmed.org](mailto:tina.crane@einsteinmed.org).

Student health services are provided by a nurse practitioner. The Occupational Health Service phone number is 718-430-2383. The fax number is 718-430-8827.

### III.A. References

[Flu Vaccination Policy, OHS-POL-2018-001](#)

[Policies and Procedures for Student Health Services, OHS-POL-2018-003](#)

[Policies and Procedures for Occupational Health Clearance, OHS-POL-2018-004](#)

### IV. Definitions

None.

### V. Effective Date

Effective as of: 28 August 2018

### VI. Policy Management and Responsibilities

Einstein's Occupational Health Service is the Responsible Office under this Policy. Einstein's Executive Dean is the Responsible Executive for this Policy. Einstein's Administrator of the Occupational Health Service is the Responsible Officer for the management of this Policy.

### VII. Approved (or Revised)

  
\_\_\_\_\_  
Responsible Executive

03/28/2019  
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Date