



Welcome to the New York State Smokers' Quitline

*"I actually set the date and got the patch.
It was like taking that next step not just talking about it."*



The Quitline is a free and confidential program providing evidence-based stop smoking services to New York State residents who want to stop smoking or using other forms of tobacco.

The Quitline is located at Roswell Park Cancer Institute and is supported through the New York State Department of Health.

Quitline Services

Cessation Coaching

- Cessation coaching calls
- Pre-recorded information and tips
- Motivational messages
- Online information
- Online Chats



Free (NRT) Nicotine Replacement Therapy

- Free NRT starter kits
- Online NRT ordering



Enhanced Services

- Additional coaching calls and NRT for uninsured and Medicaid clients

Easy Referral Programs

- Fax-to-Quit referrals
- Online referral and referrals for free NRT
- Direct referrals



Bilingual Services

The Quitline provides services for English, Spanish speaking clients, and in other languages upon request.

Tobacco Related Services

The Quitline also provides tobacco-related services to a variety of other callers, including friends and family of smokers, health educators, businesses, parents and students looking for information.

Visit us on the web

www.nysmokefree.com provides information and tools to help NY State residents quit smoking.



Live Coaching Support: Monday -Wednesday 9am - 12am, Thursday – Friday 9am – 9pm

Saturday & Sunday 9am - 1pm

Taped Message Library and Tip of the Day - 24 hours / 7 days

1-866-NY-QUITS (1-866-697-8487) • www.nysmokefree.com