Rodent Anesthesia Using Open-Drop Exposure to Isoflurane

Purpose: To anesthetize mice and rats for brief non-surgical or minor surgical procedures using open-drop exposure to isoflurane inhalant anesthesia.

Materials:

Cotton pad (i.e.nestlet or gauze pad)

Bell jar or other container (with known volume)*

Wire mesh to fit in bottom of glass container

Mixture of 20%v/v isoflurane** in propylene glycol (for mice)

Mixture of 30% v/v isoflurane** in propylene glycol (for rats)

EH&S-approved chemical fume hood

- * Any type of container with a secure lid may be used, provided it is constructed of non-porous material that is sanitizeable and allows for constant visualization of the animal. The jar should be of sufficient size to comfortably accommodate the animal, but not so large as to require excessive anesthetic.
- ** **Note:** Use of *undiluted* isoflurane is not acceptable, as the vapor pressure may lead to *lethal accumulations* of anesthetic in the vapor phase.

Important Safety Consideration: Because of risks to human health, the use of inhalant anesthetics is not allowed on open bench tops. The following procedures must only be performed in a certified ducted chemical fume hood, or a biosafety cabinet /hood equipped with a charcoal filter. EH&S approval is required (in your IACUC protocol) for all hoods used for this purpose.

Note: There are strain and species differences in the response to isoflurane. Transgenic mice & different background strain mice display variable responses to anesthetics. Hypertensive rats (SHR, WKY) are more sensitive than normotensive (SD) rats. Hence, close, constant monitoring of animals is essential during induction and anesthesia maintenance. Also, transient post-operative immune suppression has been noted in mice following use of isoflurane (Markovic and Murasko, 1993).

<u>Procedure A</u> – Induction chamber / Bell jar only (For brief procedures): *Mice will remain deeply anesthetized for approximately 30 seconds and rats for one minute following exposure in the induction chamber. This method can be used for retro- orbital blood sampling, tail biopsies and similar rapid procedures. To maintain longer anesthetic times, see <u>Procedure B</u>.*

- 1. Don gloves. Open bottle containing mouse <u>OR</u> rat isoflurane/propylene glycol mixture in an approved hood. Wet a cotton pad (e.g., nestlet, gauze) with the isoflurane mixture accordingly: 1.0 cc of appropriate mixture per 500 cc volume of the anesthesia jar.
- 2. Place the cotton pad inside a small container under a wire mesh or perforated floor. The use of the mesh ensures that the animal does not contact the isoflurane-soaked pad, which can cause skin irritation and potential overdosing since isoflurane is also absorbed through skin.
- 3. Transfer animal to anesthesia jar and close lid tightly. Monitor animal closely. Within approximately one minute for mice and 2 minutes for rats, the animal will become anesthetized. Initially, respiratory rate will increase and then decrease. Clinical indications of a deep plane of anesthesia in rodents include the lack of a righting reflex (upon tipping jar gently) and a 50% reduction in respiratory rate compared to pre- anesthesia levels (ie. to ~80-100 breaths per minute).
- 4. Allow the animal to remain at a deep anesthetic plane for ~10 seconds before proceeding. Quickly, yet carefully, remove the animal from the jar and place it on a clean work surface. Replace the lid on the jar immediately.

- 5. Apply a noxious stimulus (ie. toe pinch) to ensure adequate plane of anesthesia. If no response is noted, the procedure can be initiated. If the animal responds to noxious stimulus, return it to the jar and monitor respiratory rate as in step #4.
- 6. For retro-orbital blood sampling: if the animal reaches a lighter plane of anesthesia, evidenced by increased respiratory rate, whisker twitch, or purposeful movement, stop the procedure and apply pressure to the eye to control any bleeding. Transfer the animal back to the bell jar, until the animal again reaches a deep plane of anesthesia. Proceed with step #4.
- 7. Proceed to step 7 below for recovery procedures

<u>Procedure B</u> (for more prolonged anesthesia): This method uses an isoflurane mixture/nose cone system and can provide at least 8 minutes of deep anesthesia, appropriate for minor surgical procedures, such as an Alzet pump placement or subcutaneous tumor implantation. Procedures lasting longer than 8 minutes should be performed using a precision vaporizer system.

Optional Materials:

A simple nose cone can be constructed from a 3cc syringe for mice; 10-20cc syringe for rats; with the plunger removed. A conical tube sized to fit the animal's nose may also be used. A pre-cut section of gauze sized to fit the nose cone end is also required.

- 1. Slightly moisten the end of the pre-sized gauze with the isoflurane mixture.
- 2. Insert the gauze into syringe / nose cone, push it down to the end where the syringe normally attaches opposite the open end of the syringe /nose cone.
- 3. Place the prepared nose cone into the anesthesia jar, until ready to use.
- 4. Anesthetize the animal in induction chamber as described in steps 1-4 above.
- 5. Retrieve the animal & nose cone from the jar, and still working in the hood, place the animal's nose/nostrils slightly into the nose cone only the nostrils need to be inside the nose cone: place the lower jaw / teeth outside the nose cone.
- 6. Moisten the animal's eyes with Puralube. Check the depth of anesthesia as described in step #5 above and if appropriate, begin to perform the procedure. The depth of anesthesia can be adjusted by moving the nostrils closer to or further from the end of the cone. Care must be taken not to create a complete seal around the muzzle.
- 7. Allow the animal to recover on a piece of clean paper towel or blue pad in a heated, bedding-free recovery cage to prevent aspiration injury or death. Monitor the animal closely until it is fully recovered, then transfer to the home cage.
- 8. Proceed to anesthetize the next animal, as described above. If the animal does not reach a surgical depth of anesthesia, remove used isoflurane/cotton pad and replace with a fresh pad. Proceed from step 3.
- 9. Air dry used cotton pad(s) inside the anesthesia jar in hood for 15 minutes, and then discard them by wrapping in a glove and transferring to a biomedical waste disposal bag or bucket.

For questions or training, please contact the Veterinary Care Staff – extension 8749 For Safety & Chemical Fume Hood requirements or certification please contact EH&S, ext 3560 References:

Itah et al. 2004. A replacement for methoxyflurane (Metofane) in open-circuit anesthesia. Lab.Anim. 38:280-5.

Markovic SN, Murasko DM. 1993. Anesthesia inhibits interferon-induced natural killer cell cytotoxicity via induction of CD8+ suppressor cells. Cell Immunol. 151:474-80.